

SANJAYA ARYAL

PhD Candidate, Department of Sociology, University of Essex, UK
Tel: +44 7450708214; E-mail: sa17852@essex.ac.uk; sanjayaaryal@gmail.com

PROFILE

I am a PhD candidate with research project on migration and care work. I have more than fifteen years professional experience with NGOs, United Nations Organisation, international development agency, academia and government on the issues of child rights, human rights, transitional justice, governance, and migration. I have expertise in grant application/bidding; project development, coordination and management; ethnographic fieldwork and qualitative research. I have worked in research projects with universities and professional organisations. I have research/teaching experience at the Higher Education Institutions.

RESEARCH INTERESTS

migration, human rights, social inequalities, gender, low income countries, ethnographic fieldwork, qualitative research

RESEARCH EXPERIENCE

- February 2020 – till date **Research Officer**, Department of Sociology, University of Essex, UK
Coordinating a British Council funded project on migration policies in the UK and Europe between the University of Essex and Istanbul Sahir University
- May - July 2019 **Research Support Officer**, University of Essex, UK
Supported in developing a case for Research Excellence Framework (REF) submission for 2021
- February - December 2017 **Research Support Officer**, Bangor University, UK
Assisted Principal Investigator in a systematic literature review project
- April - December 2012 **Researcher**, Feinstein International Center, Tufts University, Massachusetts, USA
Conducted ethnographic fieldwork with marginal migrants in Nepal, India and Qatar
- 2012 - 2015 **Researcher**, Institute for Nepal Environment and Health System Development (INEHD), Nepal
Worked as a research team member in three research projects
- July – August 2010 **Consultant/Researcher**, Humanity United, California, USA
Worked as a co-PI in a research project to review literature and preparation of bibliography on forced labour, trafficking and migration in the context of Nepal
- January 2009 - September 2011 **Research Coordinator**, Democratic Freedom and Human Rights Institute (DFHRI), Nepal
Led in-depth research for television talk show on human rights accountability

PROFESSIONAL EXPERIENCE

- February 2014 – September 2016 **Human Rights Project Officer**, Office of the Prime Minister and Council of Ministers (OPMCM), Kathmandu, Nepal
- December 2012 – September 2013 **Human Rights Analyst**, United Nations Resident Coordinator's Office, Lalitpur, Nepal
- November 2005 – June 2007 **Coordinator**, National Coalition for Children as Zones of Peace (CZOP), Lalitpur, Nepal
- July 2002 – October 2005 **Programme Officer / Information and Communication Officer**, Municipal Association of Nepal, Kathmandu, Nepal
- June 2000 – July 2002 **Assistant Coordinator**, Cross Flow Nepal Trust, Lumbini, Nepal

TEACHING EXPERIENCE

- Feb 2018 **Literature Review Tutor**, Department of Sociology, University of Essex
(Course planning and delivery of a workshop on literature review and dissertation writing to postgraduate taught students)

Sept 2018 – June 2020	Graduate Teaching Assistant (GTA) , Department of Sociology, University of Essex (SC111 module: Sociological Imagination)
Sept – Dec 2017	GTA , School of Social Sciences, Bangor University, UK (SXU1003 module: Understanding Society)

EDUCATION

2016 - present (Expected to finish within August 2020)	PhD Candidate in Sociology , University of Essex, UK Title: “ <i>Beyond Empowerment and Exploitation: Care Chain of Transnational Migratory Nepali Women</i> ”
2007 - 2008	Masters of Arts in Human Rights , Mahidol University, Thailand
2000 - 2002	Masters of Arts in Sociology , Tribhuwan University, Nepal
1996 - 1999	Bachelors of Arts in Social Work , Kathmandu University, Nepal

SELECTED PUBLICATIONS

2018 Journal article	Adhikari, S.R., Aryal, S. “Assessing Nepal’s Health Policies and Programmes from a Human Rights Perspective”, <i>Indian Journal of Public Health</i> 62(2): 123-127
2013 Research report	Donini, A., Sharma, J.R., Aryal, S. “ <i>Structural Violence and Social Suffering among Marginal Nepali Migrants</i> ”, Feinstein International Center, Tufts University: Massachusetts
2011 Book	Sijapati, B., Limbu, A., Khadka, M., Aryal, S. , Bajracharya, R., Gurung, N., Gurung, S., Sharma, S. <i>Trafficking and Forced Labour in Nepal: A Review of the Literature</i> . Himal Books: Kathmandu
2011 Book	Aryal, S. <i>Use of Child Soldiers in Nepal</i> . Lambert Academic Publication
2010 Book chapter	Aryal, S. Dilemma of Reintegration of Child Soldiers in Nepal: An Analysis from Child Rights NGO Perspectives. In Awotona A. (ed.) <i>Rebuilding Sustainable Communities for Children and their Families after Disasters: A Global Survey</i> . Cambridge Scholars Publishing: Newcastle upon Tyne, pp. 207-222

FUNDINGS/GRANTS

April, 2019	£200 from the BNAC for conference participation
October, 2019	€500 from the <i>University of Iceland</i> for seminar participation
September, 2018	US\$ 10,000 under <i>Civil Society Scholar Award (grant)</i> from <i>Open Society Foundations</i> for PhD fieldwork in Nepal
June, 2018	£500 under <i>The Fran Trust Conference Award</i> from the <i>Foundation Scotland</i> to participate in a conference
2018 – 2019	<i>The Fuller McIntosh Scholarship</i> (a merit-based full scholarship) through the Essex Doctoral Scholarships Programme: £18,753 annually to cover tuition and doctoral stipend for two years
2016 – 2017	<i>The 50th Anniversary Scholarship</i> (a merit-based scholarship) from the School of Social Sciences, Bangor University for doctoral degree: £13,500 annually to cover full tuition fees
2007 – 2008	<i>The Raoul Wallenberg Institute (RWI)/Swedish International Development Agency (SIDA) Scholarship</i> (a merit based full scholarships to cover tuition fees and living costs) from Mahidol University, Thailand for MA in Human Rights